

## In The News

### Lee Named District 7 Volunteer of the Year

Laurie Lee has been named the Georgia Recreation and Park Association District 7 Volunteer of The Year for agencies serving area with population of 20,150,000. Lee is White County's USAPA Pickleball Association Ambassador, along with organizing two large tournaments at the WCRD faculty. She also organizes Pickleball clinics throughout the year to promote the sport, as well as helping to manage and maintain the county's new Pickleball facility. She serves as president of the Yonah Mountain Pickleball Association and is the unofficial marketing director for the club as well as promoting the sport around the southeast. Lee, second from right, is shown with, from left, White County Recreation Director Joe Gailey, WCRD assistant director Deena Cowart, and District 7 Commissioner Wayne Maddox..

*(Photo courtesy White County Recreation Department)*



### Juniors Shine at Palm Creek

We're very happy to report that Nicky Golowich and his partner, William Sobek, won the National Championship in the Junior Men's Doubles, 11-14 years, at the 2017 USAPA National Championships at the Palm Creek Golf & RV Resort in Casa Grande, Arizona.

#### From the Kitchen

Georgiapickleball.com has new managers. The Georgia pickleball web site has two new managers. Mike Toneff the founder of the site has moved to Florida and Walter Putnam and Chip Hullender have taken over as the new managers of the site. I want to thank Mike for the great job he did in starting the web page and developing it to an excellent source of information for players across Georgia and around the country. Walter and Chip are already working to further improve the site. Please take a moment and review it.x

[georgiapickleball.com](http://georgiapickleball.com)

#### THE GPB

The GPB is produced for all our Georgia pickleball players to enjoy hearing about tournaments, tidbits, photos and fellow players throughout the state. The information herein is provided by readers, ambassadors & players like you.

So, talk to us. You have news, tidbits or photos to share in our next GPB bulletin? Simply email your text and/or jpg files to the address below. See our submission guidelines on the last page of this bulletin. To subscribe to our bulletin, use the email below and feel free to forward this pdf to any of your friends.

**Editor** Bill Hess  
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USA Pickleball Association

**Graphics, Design & Layout** Fran Conn

**Contributors & Photography** You and your fellow players

To submit an article, please read the submission recommendations on the last page and email it and photos to:

[b3779@hotmail.com](mailto:b3779@hotmail.com)



### UGA Seeking Pickleball Players for Research Study

Adults who have played Pickleball within the past month are sought for a study of the health benefits and risks of playing Pickleball. Participants will complete a 15 to 25-minute survey, either online or by phone, then a 5-minute phone call the following week. Participants will be entered into a drawing for a chance to receive one of two \$50 gift certificates from Pickleball Central. Participation in the research is not required to participate in the drawing.

You can take the survey online at <https://tinyurl.com/UGA-Pickleball>. For information, or to take the survey by phone, email [ugapickleballstudy@gmail.com](mailto:ugapickleballstudy@gmail.com). The study is being conducted by the Department of Kinesiology, principal investigator Dr. Michael Schmidt (706-542-6577).





### Do you play Pickleball?

**If you have played during the past month, we need your help for a research study of the health benefits and risks of this rapidly growing sport.**

**What will I be doing?**

- An online survey about your health, Pickleball participation and sport-related injuries (~ 15-25 minutes).
- A brief phone call about your survey (~ 5 minutes).

**Why should I participate?**

- Help us understand the social & health benefits of this sport and the types of injuries players may experience.
- You will be entered into a random drawing for two \$50 gift certificates to Pickleball Central. Participation in the research is not required to participate in the drawing.

**I'm interested, what should I do?**

- Take the survey at <https://tinyurl.com/UGA-Pickleball> or by scanning the QR code

**Questions?**

- Email us at [ugapickleballstudy@gmail.com](mailto:ugapickleballstudy@gmail.com)



Principal Investigator: Michael D. Schmidt, PhD ([schmidt@uga.edu](mailto:schmidt@uga.edu))

# Make the Right Call

**The Play:** Team A hits a deep shot to team B's forehand. Team B makes the return attempting to hit it right down the line. Ball strikes the top of the post and lands in team A's court just out of reach of both players. Team B thinks they have won the rally. Team A says no it hit the post.

**The Right Call:** The post is out of bounds and any ball that hits it is out of bounds.

**The Rule:** 12.1. The net post are positioned out of bounds. If a ball strikes the net post or anything attached to the net post, it is a fault and a dead ball is declared. This rule does not include the net, the net cable, or rope between the net post.

## New Courts & Venues • New Hours

### Dedicated Pickleball Courts in Historic Hampton



Hampton is known for its beautiful scenery and historical sites. It is one of the most picturesque and friendly cities in the state. To add to its charm, Hampton has added three outdoor dedicated pickleball courts in McBrayer Park. Jay Fancher and USAPA Ambassador-Stockbridge Chuck Blackshear conducted a clinic to introduce pickleball to the community. Other clinics will be held weekly until the end of the year. Pictured are some of the attendees for the



first clinic. The enthusiasm was high and fun was had by all. Congratulations to Stan Manous, USAPA Ambassador-Hampton, and Fancher, for their efforts to get this project completed.



## New Hours

### Alpharetta Pickleball

**Thanksgiving week** The ACC has informed me they have a holiday camp Tuesday, so pickleball on Tuesday, Nov. 21 has been MOVED to North Park. This is outdoors if you didn't know.

All City facilities are closed on Thursday and Friday and Saturday, so no pickleball will be schedule. That includes Saturday at North Park, we will be closed at the Adult Activity Center that day as well.

**Week of November 27 is a normal week**

**Week of December 4** No pickleball at the ACC Tuesday, Dec. 5. They are installing new bleachers. We will play at North Park as well. No other sessions affected.

**Week of December 11 is a normal week**

**Week of December 18** is a normal week, except no pickleball at North Park on Saturday the 23rd. Adult Activity Center is closed. All buildings close at noon on Friday, but I have not been told to cancel pickleball at any of the gyms as of today.

Crabapple will be closed over the holiday break for resurfacing and repainting of lines. The pickleball lines will be made permanent!.

## Two Very Successful Tournaments Concluded at Spalding County Pickleball Complex

**The Spalding County Pickleball Association** (SCPA) just hosted two very successful back-to-back tournaments at the Spalding County Pickleball Complex in beautiful **Wyomia Tyus Olympic Park** in Griffin-Spalding County, Georgia. The SCPA partnered with the USAPA Atlantic South Regional Pickleball Tournament from October 19-22 and the SSIPA (Super Senior International Pickleball Association) Super Senior World Pickleball Championships from October 23-25, 2017. From all accounts, these were two very successful tournaments, with great participation and operated with great efficiency.

Karen Parrish, Atlantic South Regional Director, said that she was blessed by the hard work of the SCPA and she lauded the all-star cast. Ford Roberson, SSIPA President, said that it was a special time with a lot of special people. Many thanks to the outstanding support of Spalding County Officials and the Spalding County Pickleball Association. The Atlantic South Regional tournament had 352 players from 26 states, with the largest percentage coming for Georgia, and then, North Carolina and Florida. The Super Senior World tournament had 181 players from 27 different states, with the largest percentages coming from Georgia, followed by Florida, Texas, North Carolina and Tennessee. The SCPA is grateful to Karen Parrish and Ford Roberson (and the SSIPA Board) for partnering with us.

Although each Tournament Director (Parrish and Roberson) brought their own core group of tournament operations officials, they were richly complemented by the dozens and dozens of SCPA volunteers, all working in harmony to offer two very efficient and successful tournaments. The brand new Spalding County Pickleball Complex was praised by many (i.e., tournament directors, players, spectators, and pickleball leaders from around the country) as one of the – if not **the** – best facility in the nation.

**The Atlantic South and the Super Senior** tournaments culminated a four tournament season in 2017: the two tournaments in October, plus, the GA State Games in June, and the **Doc Holliday Shootout** in August. Quite a busy season, especially in light of the fact that construction was not substantially completed until the 3<sup>rd</sup> week of August.

The SCPA is very grateful to the County voters and taxpayers, to the Board of Commissioners, particularly our chief advocate Commissioner Don Hawbaker, for this truly incredible facility. We are also very grateful to the Spalding County Department of Parks, Public Grounds and Leisure Services for many months of cooperative effort and the many enhancements to the Pickleball Complex that occurred from August to October. This pickleball facility has been called one of the most aesthetic, functional, and well-thought-out pickleball facilities many people have ever seen.

As a result of these tournament successes, and this world-class venue, both the USAPA Atlantic South Region and the SSIPA have indicated that they will return in 2018. Several other tournaments, as well as other programs, activities and events (e.g., leagues, clinics, intra- and inter-community matches, etcetera) are planned for 2018. The SCPA appeals to local citizenry to help out by volunteering during various activities and special events. The Spalding County Pickleball Program will undeniably improve the quality of life in our community by offering activities that promote health and well-being, exercise and fitness, positive activity for youth, sports tourism, and real economic impact.

—Submitted by: Peter Phelps, President

*Spalding County Pickleball Association, Inc. (SCPA), a not-for-profit organization devoted to developing, promoting and growing the sport of pickleball for the betterment of our community*

# Blairsville Club Presents Donation to the Ed Webster Scholarship Fund

Officers of the Blairsville Pickleball Club were delighted to present a check in the amount of \$1562.00 to the Ed Webster Scholarship Fund. Proceeds from the October 17-18 tournament were dedicated to this fund, and

more than doubled the amount raised last year. The annual tournament is a healthy and fun-filled activity enjoyed by the club members, and by visitors who come to watch the matches, held at Meeks Park. The scholarship

helps young athletes in need by assisting in paying the fees and expenses involved in sports activities. The Blairsville Pickleball Club, now with 200 members, hopes to see the sport grow even more in our area, with resources

offered to school students. The club members range in age from 15 to 85 years old, with all benefiting from pickleball by way of socialization, physical fitness, and mental activity.



left to Right: Dave Evans, Marty Evans, Tournament organizers, of Morganton, GA; Union County Sole Commissioner, Lamar Parris; BPC 2nd Vice President Chris Miller; Club-community liaison Marian Schneider; Recreation Department. Director, Larry Connelly; BPC Treasurer, Cathy Berggreen; Secretary, Christine Ferras ; President, Nolan Lang, all of Blairsville.

# Yonah Mtn Pickleball Club raises \$6,500 for Smithgall Humane Society

Yonah Mountain Pickleball Club, Inc. hosted its 6th pickleball tournament Nov 3rd to 5th called "Yonah Play? Fall Pickleball Classic" on 9 public courts at White County Parks & Rec Center in Cleveland, Ga. Thanks in large part to 181 player's \$35 registration fees, great sponsors (who covered a majority of tournament expenses), and very generous player and spectator donations during the 3-day tournament itself, the event resulted in a \$6,500 donation to White County's Smithgall Humane Society & Adoption Center.

With a slight rain delay on Sunday, we also used four temporary indoor courts at Truett McConnell University's new Wellness Center. Having Truett McConnell just a few miles away for a rain delay back-up proved to be a

life saver for our success. A lot of these players come from far away and invest a lot of time and money to come here to play, rain or shine. We also sent one bracket to Rabun County's indoor courts on Sunday. We encourage our fellow Tournament Directors to check with local schools and colleges for back-up plans, especially for those who travel long distances. It's crucial to make those plans months in advance so you can compare possible rental rates, liability insurance issues, and court availability (some are closed on Sunday or at least charge for staff if they have to open up for you). All 368 of our games were completed over the weekend pretty much on time.

**See photos on page 5**



Yonah Mtn Pickleball Club Vice President Billy Johnson (left front) and Co-Head of Tournament Volunteers Tony Manning, hold a proud sign while surrounded by many tournament volunteers and various representatives from Smithgall Humane Society:

# Tournaments

## Yonah Mountain Charity Tournament



**Congratulations**  
**One And All!**



## Camden Winter Classic

Registration is being accepted for the Camden Winter Classic Pickleball Tournament, which will be Saturday and Sunday, Dec. 2-3, at Howard Peeples Park in Kingsland.

Doubles and mixed doubles divisions are available for advanced, intermediate and novice players. Doubles will be contested Saturday and mixed Sunday. Play will begin at 9 a.m.

Some players have shown interest for singles play. If interested, the games will be played on Saturday after the doubles.

Entry fees are \$25 for first division and \$10 for each additional division. The sign-up deadline is Nov. 20, and late registration will be \$10. Fees cover prizes, a hand towel, lunch and water.

For information, call Camden County PSA Leisure Services at (912) 729-5600 or email Cathy Truelove at [truelove.cathy@gmail.com](mailto:truelove.cathy@gmail.com).

## Ankle Sprains and Pickleball

Ankle sprains occur when the ligaments that support the ankle are stretched beyond their limit and they tear, or avulse. As you might imagine, this is a common injury for pickleball players.

Ligaments are strong fibrous connective tissues that attach bone to bone, and are named according to the bones for which they connect. They stabilize and maintain proper position in the foot and ankle. The vast majority of sprained ankles result when landing on the outside of the foot with the foot turning inward. This is known as an inversion sprain and it represents over 90% of all sprained ankles. With an inversion sprain the most commonly injured ligament is the anterior talofibular ligament (ATFL), which prevents forward displacement of the ankle.

With a more severe ankle sprain, the Calcaneofibular ligament (CFL) may also be damaged. This is a much stronger ligament than the ATFL and is not as easily damaged. The Posterior Talofibular Ligament (PTFL) is rarely injured, unless there is a complete dislocation of the ankle. Rarely seen is an eversion sprain where the person lands on the inside of the foot injuring the inner or medial ligaments. Ankle sprains not only damage ligaments but they may also result in damage to other surrounding structures, including connective tissue, tendons, muscles and even bones. This is why a severe ankle sprain should be carefully assessed by a trained medical professional to assess the extent of the injuries.

### Ankle sprains are graded in increasing severity from grade 1 to 3:

#### Grade 1: Sprain

The injured person can walk with some difficulty and pain  
Mild tenderness, swelling, stiffness and pain is present  
Mild stretching and microscopic tearing of ligaments  
The ankle joint is still very stable

#### Grade 2: Sprain

There is considerable difficulty when walking with severe pain  
There is moderate and partial tearing of ligaments  
Moderate pain, tenderness, swelling and bruising is present  
Some looseness and instability is noted in the joint

#### Grade 3: Sprain

Complete tearing or avulsion of the ligament  
The ankle is totally unstable and walking or weight bearing is impossible  
There is a complete tear of the ATFL and a partial tear of the CFL  
Surgical intervention is needed to reattach the torn ligament

### Treatment of Ankle Sprains:

Immediately following the injury you must do everything possible to reduce swelling. The faster this is done the quicker you will recover, and the injury will resolve faster. Ignoring the injury results in prolonged pain, swelling and a slower recovery. Perform the following RICE treatment and continue for the first 48 hours;

**Rest;** (Immobilization) do not play Pickleball and avoid weight bearing on the af-

ected side.

**Ice;** Cool the area for 10-15 minutes using ice packs or cold water, this should be done many times a day, avoid direct contact of ice pack with bare skin by using a towel

**Compression;** Apply a compressive bandage immediately to slow the bleeding and reduce swelling

**Elevation;** elevate the foot and ankle above the heart to reduce swelling

With more serious sprains visiting a health care professional is recommended to rule out a fracture or serious damage requiring surgery. They can also determine if crutches or a cast or boot is needed.

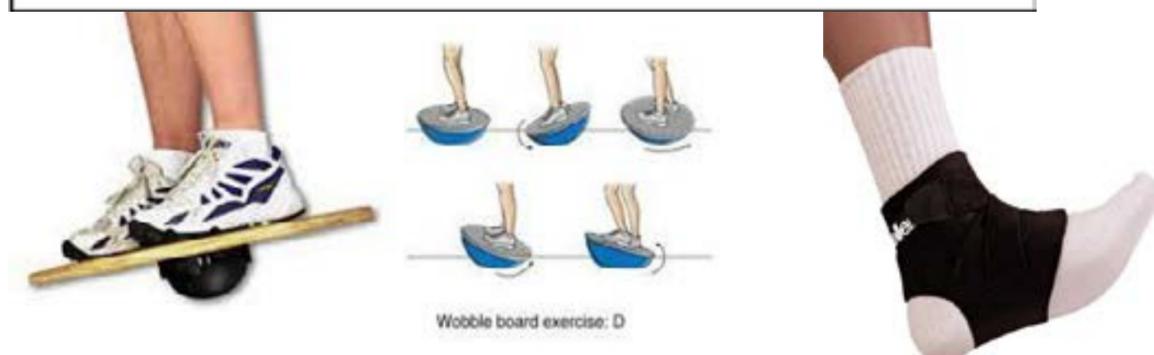
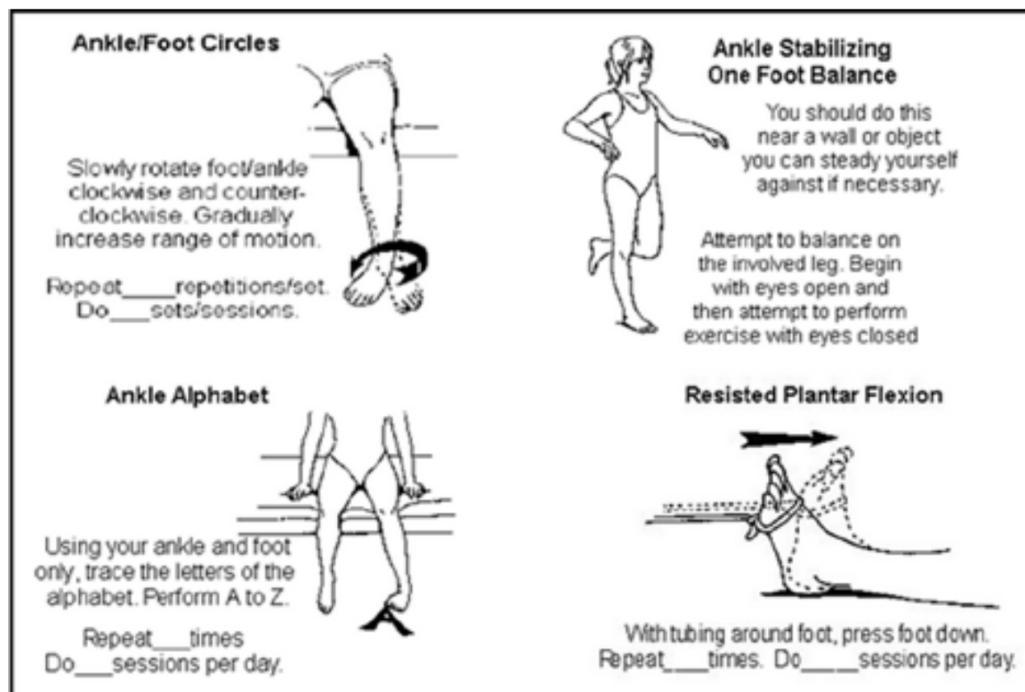
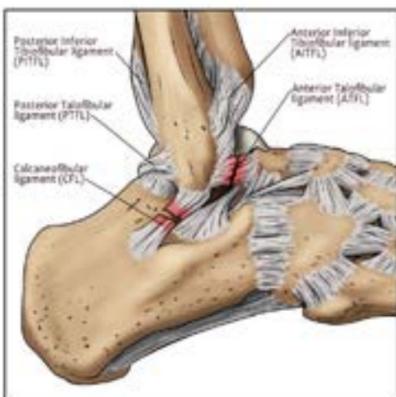
**Rehabilitation:** It is very important to introduce motion into the joint by doing non weight bearing exercises such as circles and writing the alphabet with the foot, and moving a towel with your toes. Also light stretching of the calf and cycling on a stationary bike and swimming are helpful. After 2-5 days, or when the pain and swelling are down to a minimum, rehabilitation can begin in earnest. Begin putting weight and balancing on the ankle, when walking try to maintain a normal gait pattern. Use rubber tubing or Thera Bands to strengthen the muscles around the ankle. After you can walk and stand without pain, continue to build up strength and flexibility. This can be accomplished with a balance or wobble board, increased walking, an elliptical machine and a slow return to Pickleball.

### Wobble and Balance Boards

#### Ankle Brace

Surgical treatment for ankle sprains is rare and used only when there is persistent ankle instability with a failure to respond to conservative treatment and rehabilitation. Fortunately, with proper rehabilitation most ankle sprains resolve favorably and the injured athlete is able to return to return to normal activities. Sometimes damage to the ankle ligaments will result in a chronic ankle sprain with instability. Once you have had a sprained ankle the ligaments in the ankle are unstable and weaker, making recurrence more likely. If instability persists consider the use of an ankle brace to help stabilize the ankle and reduce the risk of future injury. Prevention of ankle sprains involves maintaining good muscle strength, balance and flexibility. Proper warm up prior to activity and exercise along with paying attention and being careful while playing are important. The use of proper footwear for Pickleball is critical, playing in running, basketball or hiking shoes is a recipe for disaster. Finally, when you are overly tired and fatigued, rest or stop playing before you get injured.

*Dr. Alan Bragman is an Atlanta Chiropractor and 4.5 pickleball player, a former Cat 3 cyclist & inline speed skater and table tennis player. He has written for numerous other sports publications.*



## Finding Your Pickleball Skill Level

- 1.0**
- New and have only minimal knowledge of the game and the rules.
- 1.5**
- Limited to some rallies.
  - Learning how to serve.
  - Developing a forehand.
  - Fails to return easy balls frequently and occasionally misses the ball entirely.
  - Played a few games and is learning the court lines, scoring, and some basic rules of the game.
- 2.0**
- Sustains a short rally with players of equal ability.
  - Demonstrating the basic shot strokes – forehand, backhand, volley, overhead and the serve, but has obvious weaknesses in most strokes.
  - Familiar with court positioning in doubles play.
- 2.5**
- Makes longer lasting slow-paced rallies.
  - Makes most easy volleys and uses some backhands, but needs more work on developing shot strokes.
  - Beginning to approach the non-volley zone to hit volleys.
  - Aware of the “soft game.”
  - Knowledge of the rules has improved.
  - Court coverage is weak but improving.
- 3.0**
- More consistent on the serve and service return and when returning medium-paced balls.
  - Demonstrates improved skills with all the basic shot strokes and shot placement but lacks control when trying for direction, depth, or power on their shots.
- 3.5**
- Beginning to attempt lobs and dinks with little success and doesn’t fully understand when and why they should be used.
  - Demonstrates improved stroke dependability with directional control on most medium-paced balls and some faster-paced balls.
  - Demonstrates improved control when trying for direction, depth and power on their shots.
  - Needs to develop variety with their shots.
  - Exhibits some aggressive net play.
  - Beginning to anticipate opponent’s shots.
  - Learning about the importance of strategy and teamwork in doubles.
- 4.0**
- Consistent and dependable strokes, including directional control and depth on both forehand and backhand shots.
  - Reliable serves, lobs, overheads, approach shots and volleys and can use spin shots with some success.
  - Occasionally can force errors when serving.
  - Rallies may be lost due to impatience.
  - Uses the dink shot and drop shots to slow down or change the pace of the game.
  - Demonstrates 3rd shot strategies – drop shots, lobs, and fast-paced ground strokes.
  - Aggressive net play and teamwork in doubles is evident.
  - Fully understands the rules of the game and can play by them.
- 4.5**
- Beginning to master the use of power and spin, can successfully execute all shots, can control the depth of their shots, and can handle pace.
- 5.0**
- Beginning to master the dink shots and drop shots and their importance to the game.
  - Beginning to master 3rd shot choices.
  - Displays sound footwork and moves well enough to get to the non-volley zone whenever required.
  - Understands strategy and can adjust style of play and game plan according to the opponent’s strengths and weaknesses and court position.
  - Serves with power and accuracy and can also vary the speed and spin of the serve.
  - Understands the importance of “keeping the ball in play” and the effect of making errors.
  - Making good choices in shot selection.
  - Anticipates the opponent’s shots resulting in good court positioning.
  - Mastered all the skills – all shot types, touch, spin, serves, with control and can use them as weapons.
  - Excellent shot anticipation, extremely accurate shot placement and regularly hit winning shots.
  - Forces opponents into making errors by “keeping the ball in play.”
  - Mastered the dink and drop shots.
  - Mastered the 3rd shot choices and strategies.
  - Uses soft shots, dinks and lobs to set up offensive situations.
  - Mastered pickleball strategies and can vary strategies and styles of play in competitive or tournament matches.
  - Dependable in stressful situations as in tournament match play.
  - Athletic ability, quickness, agility, and raw athleticism are also qualities that are sometimes what separates the top players from those near the top

# 2018 GEORGIA PICKLEBALL CALENDAR

As Georgia continues to add new pickleball events we strive to have a complete calendar. Laurie Lee, Ambassador for White County, volunteers to keep it updated. She sends event updates to Fran Conn, our ambassador/designer, before the 10th of each month.

Please check the calendar before setting your event date and send your info to Laurie: [sauteelodge@gmail.com](mailto:sauteelodge@gmail.com)

If you have a question feel free to contact us at [B3779@hotmail.com](mailto:B3779@hotmail.com)

**CAN'T PLAY? JUST WANT TO WATCH? NO PROBLEM! TOO YOUNG? TOO OLD?  
NO PROBLEM! EVERYONE'S INVITED!**

TOURNEY/EVENT	2018	LOCATION	CONTACT	AGE	URL / NOTES /
GraceLife Invitational Tournament	Jan. 5-6		<a href="mailto:eastcobbpickleball@gmail.com">eastcobbpickleball@gmail.com</a>		Team round robin format
Pickled Peach Valentine Classic	Feb 9-11	Classic Center 300 N. Thomas St., Athens	Larry King/Roy Carroll <a href="mailto:pickledpeach@mail.com">pickledpeach@mail.com</a>	19+	9 indoor courts; round robin format; register on <a href="http://www.pickleballtournaments.com">www.pickleballtournaments.com</a> Some brackets already full.
Battle of the Paddles	Mar 23-25	Rabun County Rec Center 400 Rabun Park Drive, Tiger	Amy Martin Amy. <a href="mailto:martin@rabuncounty.gov">martin@rabuncounty.gov</a> 706-782-4600	7+	9 indoor courts in two side-by-side gyms. Round robin format. Registration will be on <a href="http://www.pickleballtournaments.com">www.pickleballtournaments.com</a>
Cherokee County Senior Olympics Pickleball Tournament	April 7/	Cherokee Veterans Park	Chip Hullender, <a href="mailto:thunderhead21@comcast.net">thunderhead21@comcast.net</a>	50+	Entries will be grouped by age and skill levels
Yonah Play? Spring Pickleball Tourney	May 4-6	White County Parks & Rec. 327 Asbestos Rd, Cleveland	Laurie Lee 770-317-1062 <a href="mailto:sauteelodge@gmail.com">sauteelodge@gmail.com</a>	7+	Singles, MD, WD, & Mixed by age and skill level. Registration opens Dec. 1, 2017 <a href="http://pickleballtournaments.com">pickleballtournaments.com</a>
"The South" Championship Tourney	May 17-20	Lifetime Athletic Center, Norcross	Chad Cromwell <a href="mailto:info@atlpsa.com">info@atlpsa.com</a> .		Register at <a href="http://pickleballtournaments.com">pickleballtournaments.com</a>
Ga State Games	June 1-3	Wyomia Tyus Park 1301 Cowan Rd, Griffin	Bill Hess <a href="mailto:b3779@hotmail.com">b3779@hotmail.com</a>		More info soon.
Georgia Recreation Parks Assoc ("GRPA") State Championship	Sept 14-16	Rabun County Rec Center 400 Rabun Park Dr., Tiger.			GRPA has approved pickleball as a recreational park competitive sport throughout Georgia. Each district will have representation. More info soon.
Super Senior World Championships	Sept. 18-20	Wyomia Tyus Park 1301 Cowan Rd, Griffin		60+	Must be SSIPA & USAPA member. More info soon.z
North Ga Invitational	Sept 28-30	Home of Tom & Ann Earley in Canton	Ann Earley <a href="mailto:go4baroque@iCloud.com">go4baroque@iCloud.com</a>		By invitation only. Skill level 3.5 and above. More info soon
Ga Mtn Pickleball Fall Classic	Oct 4-7	Towns County Pickleball Complex, Hiawassee	John Hall <a href="mailto:johnpickleball30582@gmail.com">johnpickleball30582@gmail.com</a>		14 outdoor pickleball courts. Format and registration information available soon.
South Atlantic Regionals	Oct 18-21	Wyomia Tyus Park 1301 Cowan Rd, Griffin	Karen Parrish		More info soon, and when to register on <a href="http://www.pickleballtournaments.com">www.pickleballtournaments.com</a>
Special Pops Pickleball Tournament	Oct 26-28	Landings Club 910 Landing Creek Rd., Savannah	Ted Copeland <a href="mailto:tcopelandusa@gmail.com">tcopelandusa@gmail.com</a>		Outdoor courts. Manual registration by email Ted Copeland for forms
Yonah Play? Fall Pickleball Tourney	Nov 2-4	White County Parks & Rec. 327 Asbestos Rd, Cleveland	Laurie Lee 770.317.1062 <a href="mailto:sauteelodge@gmail.com">sauteelodge@gmail.com</a>	7+	Singles, MD, WD, & Mixed by age and skill level; registration opens Dec. 1 <a href="http://pickleballtournaments.com">pickleballtournaments.com</a>
Turkey Shoot Out Pickleball Tourney	Nov 16-18	Rabun County Rec Center 400 Rabun Park Drive, Tiger	Amy Martin <a href="mailto:Amy.martin@rabuncounty.gov">Amy.martin@rabuncounty.gov</a> 706-782-4600	7+	9 indoor courts in two side-by-side gyms. Round robin format. Registration will be on <a href="http://www.pickleballtournaments.com">www.pickleballtournaments.com</a>

**Looking for a place to play pickleball ...  
but were afraid to ask?  
It's easy peasy.**

Go to [usapa.org/places-to-play-pickleball/](http://usapa.org/places-to-play-pickleball/) and click on your state.

You will not only find places to play but who to email or call with questions as well.

**Want to submit an article or an opinion to the GPB?  
Send it to us and do your best to follow our guidelines.**

**We will assist you in every way we can. Your contribution is important to our pickleball community.**

## Submission Guidelines Georgia Pickleball Bulletin

Feel free to submit your stories and photos to our bulletin.

**Text | Plain text** format (.txt), or, it can be part of your email. Please do not **format** text: no tabs, centering, bullets, double spaces, etc. **Photos & images |** Use jpg format (separate from the text file) Please do not paste or embed photos into your text file. If possible, give a simple name to your photos linking them to your text.

**Calendar Events |** Submit calendar events as a **separate email** with the information above.

**A Reminder |** The word pickleball is all lowercase, it is not capitalized

**Email all to |** Bill Hess • [B3779@hotmail.com](mailto:B3779@hotmail.com)

# Upcoming Tournaments

# Tournaments Played

